

Mary and Joseph Life Center (MJLC)

2025 Results and Achievements



73 Educational Workshops:
Preventing Violence,
Transforming Conflict &
Promoting Sustainable
Development.

**1,167 pregnant girls
and women** benefitted from
Ultrasound (Sonogram) Services

1,496 Women and Girls in
acute conflict situations living in
Slums, supported with Holistic
Livelihood Resilience Capacity

339 Services clients
(individuals and groups)
engaged in more holistic and
intensive Counselling

- **73** Educational workshops/seminars implemented in the conflict environments in urban informal settlements and remote impoverished marginalized locations.
- **1,496** Expectant Women and Girls from the urban informal settlements and slums empowered with supportive guidance: psychological, spiritual and economic livelihood resilience.
- **1,167** pregnant girls and women benefited from Ultrasound (Sonogram) Services.
- Supporting and Empowering Women and Children from **14** urban **informal settlements or slum areas** – Kawangware, Gatina, Kabiria, Satelite, Kangemi, Uthiru, Waithaka, Dagoretti Corner, Ngando, Mtego, Mutuini, Kibera, Mathare, Kariobangi, and in Nairobi, Kenya.
- **339** victims of acute violence and consequently suffering from depression, mental health issues, unstable family relationships, physical and psychological trauma, and substance abuse, engaged in holistic and intensive Counselling.

The three main purposes of the Mary and Joseph Life Center

- a) **OFFER** Pregnant women and girls, fathers responsible for the pregnancy, and families, who are considering and/or are being coerced to have abortions, other options to have their baby(ies) born.
- b) **OFFER** Educational workshops/seminars that are oriented to help prevent crisis pregnancies and help those already in need with supportive guidance for psychological, spiritual and economic livelihood resilience.
- c) **OFFER** Counselling, medical support, guidance, and empowerment to women who have had abortions and are seeking assistance for trauma, self-esteem and healing in one form or another.

Where MJLC Works





Ms. Rose Anyango, MJLC's Sonographer, conducting an ultrasound session.



Ms. Rose Anyango, MJLC Sonographer, together with Sr. Sarah Ngigi, KRCHN, MJLC Nursing and Counselling Officer, with some of the expectant mothers who had come to the center to receive ultrasound services and prenatal support.



Sr. Lucy Njori, B.Com, St. Josaphat's House Project's Administrator and Sr. Sarah Ngigi, KRCHN, MJLC's Nursing and Counseling Officer, out for MJLC Community outreach activities in the urban informal settlements and slums where we work. These activities are ongoing in 14 urban informal settlements and slums in Nairobi, Kenya.



Ms. Esther Kibe MA, MJLC Lead Project Officer, engaging a group of women in Kibera slums. The women have received ongoing trainings on conflict analysis, conflict transformation, prevention of human trafficking, and awareness of religious ideological extremism—issues that significantly affect communities in informal settlements.



Ms. Esther Kibe MA, MJLC Lead Project Officer, visiting a young mother in Mathare Informal Settlement. Through counselling, prenatal information, and medical support provided by MJLC, women and girls experiencing crisis pregnancies receive guidance and care that strengthens their ability to continue their pregnancies with confidence and sustained support.



Sr. Sarah Ngigi, KRCHN, MJLC Nursing and Counselling Officer, conducting an educational workshop with youth from Waithaka informal settlement. MJLC educational workshops strengthen knowledge on self-awareness, healthy relationships, family communication, fertility awareness, and mental health, while promoting informed and responsible life choices.



Sr. Sarah Ngigi, KRCHN, MJLC Nursing and Counselling Officer, meeting young mothers supported by the MJLC program who have been reintegrated into school to complete their secondary education, strengthening their opportunities for personal development and long-term socio-economic stability.



Fr. Patrick with the MJLC team and women trainees during a soap-making skills session at the center. The training equips women with practical livelihood skills that strengthen their capacity for self-reliance and economic resilience.



MJLC team members Sr. Julitah and Sr. Jovalet MA, guiding a soap-making training session for a group of women from Kangemi informal settlement. The training equips participants with practical skills for small-scale enterprise, strengthening women's livelihood resilience and opportunities for income generation.



Sr. Elizabeth Mathu BA, Social Worker at MJLC, together with Sr. Julitah, visiting women in their small selling spaces in Waithaka informal settlement. The women previously received training at the center and are applying the skills acquired to support their small businesses and strengthen their livelihood resilience.



The Sisters visiting a group of women in their homes as they prepare soap and detergents for sale, applying the practical skills acquired through MJLC training to support small-scale income generation and strengthen household livelihoods.



The photos show the borehole, drilled at the St. Josphat's House. The completed borehole provides a reliable source of clean water for participants attending workshops and training programs at the center.



Ms. Julia Wangari BA (MA Candidate), Shalom-SCCRR In-Training Capacity Program Counselling Officer, engaging Uthiru Form Four leavers in a youth empowerment session. Through educational workshops and counseling, the program strengthens young people's knowledge, critical awareness, and practical life skills, equipping them to make responsible life choices as they transition from school into broader social and economic life.



Mr. Remy Ndiema, CPA, BBM, Shalom-SCCRR Assistant Accountant, conducting a training workshop on record keeping for micro-businesses with young mothers from Mutuini informal settlement. The training strengthens financial literacy and basic business management skills, enabling women to manage small enterprises more effectively, improve accountability, and enhance their economic resilience and capacity to support their families.



Ms. Sandra Atieno Ayimba MA, Women Empowerment Program Volunteer, facilitating a training workshop with young mothers in Mathare slums. The session strengthens economic resilience, confidence, and practical skills among young mothers - particularly those who have experienced crisis pregnancies, enhancing their capacity to support their families and contribute to community stability.



Sr. Lucy Njori engaging women leaders from Riruta informal settlement in a training aimed at strengthening their capacity to identify socio-economic opportunities that enhance women's livelihood resilience and community-based empowerment.



Sr. Jovalet Ariho MA, MJLC Community Development and Social Worker, engaging youth in sessions on conflict management and transformation within home and community contexts. The engagement strengthens young people's understanding of communication, peaceful problem-solving, and responsible decision-making, helping them build healthy peer relationships and develop the interpersonal skills necessary as they transition into family life and wider community responsibilities.



Sr. Julitah Timanoi Parmuat, Social Worker and Psycho-spiritual Counsellor, engaging young mothers in Mathare informal settlement. The session focuses on strengthening life skills for self-sustenance, restoring personal confidence, and supporting young mothers to navigate social and cultural stigma while rebuilding stable and dignified livelihoods.



Fr. Patrick Devine attending the graduation of women's groups from several informal settlements who completed a series of MJLC trainings on starting and managing small businesses, including record keeping and basic financial management. Also present are MJLC team members: Sr. Lucy Njori, B.Com, St. Josaphat's House Project Administrator; Ms. Esther Kibe MA, MJLC Lead Project Officer; Sr. Jovalet Ariho MA, MJLC Community Development and Social Worker; and Ms. Habiba Dika BA (MA Candidate), Shalom-SCCRR In-Training Capacity Program.



Fr. Oliver Noonan, with a group of young mothers from Mathare slums, who successfully completed the entrepreneurship, livelihood skills, and resilience course. Some participants, aged 15–20 years, attended the training while caring for their babies, demonstrating commitment to building more stable futures for themselves and their children.



Fr. Patrick Devine with young mothers from Mtindwa informal settlement. Many young mothers face significant challenges, including social stigma, unemployment, and limited opportunities for personal development as they shoulder the responsibilities of caring for their children, securing food, and meeting basic household needs.

Expanding Access to Free Ultrasound Services for Vulnerable Women

Over **3,000** pregnant women and girls from Nairobi's informal settlements gained access to free ultrasound services, enabling early detection of pregnancy complications, increased maternal health awareness, and improved prenatal care for women who would otherwise be unable to afford essential diagnostic services.

Support for Women Facing Crisis Pregnancies

Through counseling, medical guidance, and prenatal support, women and girls experiencing crisis pregnancies received counseling, prenatal information, and medical support, strengthening their ability to continue pregnancies with confidence and support.

Strengthening Psychosocial Support through Holistic and Intensive Counseling

More than **800** individuals and groups received holistic counseling addressing trauma, anxiety, family conflict, and mental health challenges, contributing to improved psychosocial stability and restored personal dignity.

Empowering Women Through Educational Workshops and Seminars

285 educational workshops reached more than **7,000** women and community members, strengthening knowledge on self-awareness, healthy relationships, family communication, fertility awareness, and mental health while promoting informed and responsible life choices.

Enhancing Women's Economic Livelihood Resilience

Women experiencing socio-economic hardship received guidance and skills that strengthened their economic resilience, confidence, and capacity to support their families and contribute to community stability.

Creating Community Awareness on the Dignity of Human Life

Community outreach and education initiatives increased awareness of the dignity of human life while addressing social challenges such as abortion, violence against women, and gaps in reproductive health knowledge.

Congratulations to Rev. Dr. Patrick Devine on his most recent keynote address at Tangaza University, delivered towards the end of January 2026. 'A Philosophical & Methodological Perspective on Education for Peace and Conflict Transformation in Africa in the Digital Culture.'

 **TANGAZA UNIVERSITY**
Institute of Philosophy
5th International Symposium 

TANGAZA INTERNATIONAL PHILOSOPHY DAY SYMPOSIUM

THEME
Education For Peace in Africa in The Digital Culture: A Philosophical Perspective

VENUE
Tangaza University Main Hall

Friday 30th January, 2026
8:30 am - 4:30 pm

Contact us:
Tel: +254 722 204 724 | +254 702 696 377
Email: ijpsymposium@tangaza.ac.ke

"Teaching Minds, Touching Hearts, Transforming Lives"

KEYNOTE SPEAKER



Rev. Dr. Patrick Devine, SMA.
Founder and Chairman Shalom Centre for Conflict Resolution and Reconciliation (SCCRR)
Vice Chairman of the Tangaza University Council and Chair of Corporate Affairs



Rev. Dr. Patrick Devine and Rev. Prof. Patrick Mwanja, Vice Chancellor of Tangaza University during the Symposium.



Participants of the Tangaza University Symposium during the presentation and some members of the faculty.

The short Bio of Rev. Dr. Patrick Devine PhD, published by Tangaza University for the Symposium

Rev. Dr. Patrick Devine, is a member of the Society of African Missions (SMA), serving as the Regional Superior for Kenya and Tanzania (1995-2007). He was Chairman for the Religious Superiors Conference of Kenya (RSCK), make up of 75 Religious Orders, for two terms and 3 years as Secretary General. He holds a Doctorate in Political Science and Public Administration, a Master's Degree in Peace Studies and International Relations, and is Certified in Corporate Governance covering concepts, principles and functions. For three decades, he has contributed immensely to the governance, leadership, and development of Tangaza University in Kenya. He also taught at **Tangaza for 12 years**. Presently, he is the **Vice-Chairman of the University Council and Chairman of Corporate Affairs**. In 2009, he founded the Shalom Center for Conflict Resolution and Reconciliation (SCRR), an international organization with its headquarters in Kenya. Shalom-SCRR has its sustainable peace and development intervention tentacles spread throughout more than 35 conflict environments in eastern Africa (www.shalomconflictcenter.org).

With these qualifications and almost **40 years of experience in Africa**, attending to issues of religious and social values, manifest and structural violence, religious ideological extremism, violence against women and children, underdevelopment, and deficits in public administration, he is recognized as one of the foremost authoritative voices on conflict resolution and reconciliation on the continent. In 2013, he was honored with the **International Caring Award**, succeeding the Dalai Lama, and has since received numerous other local and international accolades, including an **IGAD Award** (Intergovernmental Authority on Development) for his contribution to justice, peace, environmental, and development interventions. He is a frequent speaker and guest lecturer at conferences and universities around the world, including **DePaul, Chicago, Harvard Law School, Kennedy School of Government, Fordham (NY), Queens (UK), and Maynooth (Ireland)**, among numerous others. He has published numerous rigorously researched articles and books. In the past year and a half, he has **published books** on the 'Persistent Conflict between the Pokot and Turkana: Causes and Policy Implications' and the 'Ilemi Triangle Environs; Delineating the Causes and Consequences of Tukana-Dassenach Conflict'. Last year, his article on 'Conflict and Religion in Eastern Africa; A Conceptual Consideration of Radicalization, Fundamentalism, Extremism, Terrorism, Tolerance and their Interaction Dynamics' was published in the Tangaza Journal of Theology & Mission and has since received global attention through various media outlets.

The Project Team

At the Center:

Ms. Esther Njeri Kibe MA, Shalom-SCCRR, Lead Project Officer

Sr. Sarah Ngigi, KRCHN, Dimesse Sisters, Nurse and Counselling Officer

Sr. Lucy Njori, B.Com, Dimesse Sisters, St. Josphat's House Projects Administrator

Sr. Jovalet Ariho MA, Missionary Sisters of the Holy Rosary, Sustainable Human Development & Social Worker

Sr. Elizabeth Mathu BA, Daughters of St. Anne, Community Development & Social Worker and Psycho-spiritual Counselling (student)

Sr. Julitah Timanoi Parmuat, Daughters of St. Anne, Dipl., Social Worker and Psycho-spiritual Counsellor

Ms. Sandra Atieno Ayimba MA, Women Empowerment Program Volunteer

Ms. Habiba Dika BA, (MA Candidate), Shalom-SCCRR In-Training Capacity Program

Ms. Julia Wangari BA (MA Candidate), Shalom-SCCRR In-Training Capacity Program

Ms. Rose Anyango Owuor, Higher Dipl. Sonography (UltraSound Specialist)

Volunteer Consultants/Advisory Board:

Dr. Wahome Ngare, Obstetrician, Gynaecologist and Laparoscopic Surgeon

Mr. Steve Beuerle, LLP

Mr. Peter & Mrs. Cherese Marlow

Mr. Tim & Mrs. Patricia Von Dohlen

Rev. Prof. Emmanuel Tembo, Conflict Transformation and Peacebuilding

Shalom-SCCRR Management Support Team:

Rev. Dr. Oliver Noonan, Shalom-SCCRR Executive Director

Mr. Godfrey Okoth MA, (PhD Candidate), Shalom-SCCRR Senior Projects Officer

Rev. Dr. Patrick Devine, Shalom-SCCRR Executive International Chairman, Project Coordinator of Patrons and Promoters

Board of Advisors

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The Shalom Centre of Africa

Patrick Grace

Overall, your support allows the SHALOM-SCRR to address conflict resolution in Africa by Researching the underlying causes of persistent conflict and poverty; Training community leaders in conflict transformation; Influencing government policy at the local and national levels; Empowering local religious and civic organizations to address conflict and promote peace; Introducing peace education into schools; Construction of inter-ethnic and interreligious schools; and the Installation of solar energy.

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Thank you again for your support.

Paul O'Dwyer

Sincerely,



Joseph G.

Rev. Dr. Patrick Devine, Executive International Chairman, Founder

Genovesi

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