

# Mary and Joseph Life Center (MJLC)

## 2025 Results and Achievements



**73 Educational Workshops:**  
Preventing Violence,  
Transforming Conflict &  
Promoting Sustainable  
Development.

**1,167 pregnant girls  
and women** benefitted from  
Ultrasound (Sonogram) Services

**1,496 Women and Girls** in  
acute conflict situations living in  
Slums, supported with Holistic  
Livelihood Resilience Capacity

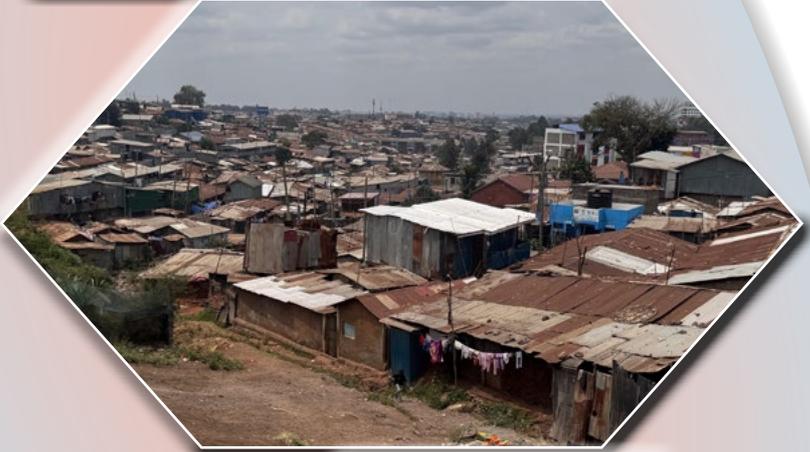
**339 Services clients**  
(individuals and groups)  
engaged in more holistic and  
intensive Counselling

- **73** Educational workshops/seminars implemented in the conflict environments in urban informal settlements and remote impoverished marginalized locations.
- **1,496** Expectant Women and Girls from the urban informal settlements and slums empowered with supportive guidance: psychological, spiritual and economic livelihood resilience.
- **1,167** pregnant girls and women benefited from Ultrasound (Sonogram) Services.
- Supporting and Empowering Women and Children from **14** urban **informal settlements or slum areas** – Kawangware, Gatina, Kabiria, Satelite, Kangemi, Uthiru, Waithaka, Dagoretti Corner, Ngando, Mtego, Mutuini, Kibera, Mathare, Kariobangi, and in Nairobi, Kenya.
- **339** victims of acute violence and consequently suffering from depression, mental health issues, unstable family relationships, physical and psychological trauma, and substance abuse, engaged in holistic and intensive Counselling.

### The three main purposes of the Mary and Joseph Life Center

- a) **OFFER** Pregnant women and girls, fathers responsible for the pregnancy, and families, who are considering and/or are being coerced to have abortions, other options to have their baby(ies) born.
- b) **OFFER** Educational workshops/seminars that are oriented to help prevent crisis pregnancies and help those already in need with supportive guidance for psychological, spiritual and economic livelihood resilience.
- c) **OFFER** Counselling, medical support, guidance, and empowerment to women who have had abortions and are seeking assistance for trauma, self-esteem and healing in one form or another.

# Where MJLC Works





Ms. Rose Anyango, MJLC's Sonographer, conducting an ultrasound session.



Ms. Rose Anyango, MJLC Sonographer, together with Sr. Sarah Ngigi, KRCHN, MJLC Nursing and Counselling Officer, with some of the expectant mothers who had come to the center to receive ultrasound services and prenatal support.



Sr. Lucy Njori, B.Com, St. Josaphat’s House Project’s Administrator and Sr. Sarah Ngigi, KRCHN, MJLC’s Nursing and Counseling Officer, out for MJLC Community outreach activities in the urban informal settlements and slums where we work. These activities are ongoing in 14 urban informal settlements and slums in Nairobi, Kenya.



Ms. Esther Kibe MA, MJLC Lead Project Officer, engaging a group of women in Kibera slums. The women have received ongoing trainings on conflict analysis, conflict transformation, prevention of human trafficking, and awareness of religious ideological extremism—issues that significantly affect communities in informal settlements.



Ms. Esther Kibe MA, MJLC Lead Project Officer, visiting a young mother in Mathare Informal Settlement. Through counselling, prenatal information, and medical support provided by MJLC, women and girls experiencing crisis pregnancies receive guidance and care that strengthens their ability to continue their pregnancies with confidence and sustained support.



Sr. Sarah Ngigi, KRCHN, MJLC Nursing and Counselling Officer, conducting an educational workshop with youth from Waithaka informal settlement. MJLC educational workshops strengthen knowledge on self-awareness, healthy relationships, family communication, fertility awareness, and mental health, while promoting informed and responsible life choices.



Sr. Sarah Ngigi, KRCHN, MJLC Nursing and Counselling Officer, meeting young mothers supported by the MJLC program who have been reintegrated into school to complete their secondary education, strengthening their opportunities for personal development and long-term socio-economic stability.



Fr. Patrick with the MJLC team and women trainees during a soap-making skills session at the center. The training equips women with practical livelihood skills that strengthen their capacity for self-reliance and economic resilience.



MJLC team members Sr. Julitah and Sr. Jovalet MA, guiding a soap-making training session for a group of women from Kangemi informal settlement. The training equips participants with practical skills for small-scale enterprise, strengthening women's livelihood resilience and opportunities for income generation.



Sr. Elizabeth Mathu BA, Social Worker at MJLC, together with Sr. Julitah, visiting women in their small selling spaces in Waithaka informal settlement. The women previously received training at the center and are applying the skills acquired to support their small businesses and strengthen their livelihood resilience.



The Sisters visiting a group of women in their homes as they prepare soap and detergents for sale, applying the practical skills acquired through MJLC training to support small-scale income generation and strengthen household livelihoods.



The photos show the borehole, drilled at the St. Josphat's House. The completed borehole provides a reliable source of clean water for participants attending workshops and training programs at the center.



Ms. Julia Wangari BA (MA Candidate), Shalom-SCCRR In-Training Capacity Program Counselling Officer, engaging Uthiru Form Four leavers in a youth empowerment session. Through educational workshops and counseling, the program strengthens young people's knowledge, critical awareness, and practical life skills, equipping them to make responsible life choices as they transition from school into broader social and economic life.



Mr. Remy Ndiema, CPA, BBM, Shalom-SCCRR Assistant Accountant, conducting a training workshop on record keeping for micro-businesses with young mothers from Mutuini informal settlement. The training strengthens financial literacy and basic business management skills, enabling women to manage small enterprises more effectively, improve accountability, and enhance their economic resilience and capacity to support their families.



Ms. Sandra Atieno Ayimba MA, Women Empowerment Program Volunteer, facilitating a training workshop with young mothers in Mathare slums. The session strengthens economic resilience, confidence, and practical skills among young mothers - particularly those who have experienced crisis pregnancies, enhancing their capacity to support their families and contribute to community stability.



Sr. Lucy Njori engaging women leaders from Riruta informal settlement in a training aimed at strengthening their capacity to identify socio-economic opportunities that enhance women's livelihood resilience and community-based empowerment.



Sr. Jovalet Ariho MA, MJLC Community Development and Social Worker, engaging youth in sessions on conflict management and transformation within home and community contexts. The engagement strengthens young people's understanding of communication, peaceful problem-solving, and responsible decision-making, helping them build healthy peer relationships and develop the interpersonal skills necessary as they transition into family life and wider community responsibilities.



Sr. Julitah Timanoi Parmuat, Social Worker and Psycho-spiritual Counsellor, engaging young mothers in Mathare informal settlement. The session focuses on strengthening life skills for self-sustenance, restoring personal confidence, and supporting young mothers to navigate social and cultural stigma while rebuilding stable and dignified livelihoods.



Fr. Patrick Devine attending the graduation of women's groups from several informal settlements who completed a series of MJLC trainings on starting and managing small businesses, including record keeping and basic financial management. Also present are MJLC team members: Sr. Lucy Njori, B.Com, St. Josphat's House Project Administrator; Ms. Esther Kibe MA, MJLC Lead Project Officer; Sr. Jovalet Ariho MA, MJLC Community Development and Social Worker; and Ms. Habiba Dika BA (MA Candidate), Shalom-SCCRR In-Training Capacity Program.



Fr. Oliver Noonan, with a group of young mothers from Mathare slums, who successfully completed the entrepreneurship, livelihood skills, and resilience course. Some participants, aged 15–20 years, attended the training while caring for their babies, demonstrating commitment to building more stable futures for themselves and their children.



Fr. Patrick Devine with young mothers from Mtindwa informal settlement. Many young mothers face significant challenges, including social stigma, unemployment, and limited opportunities for personal development as they shoulder the responsibilities of caring for their children, securing food, and meeting basic household needs.

### **Expanding Access to Free Ultrasound Services for Vulnerable Women**

Over **3,000** pregnant women and girls from Nairobi's informal settlements gained access to free ultrasound services, enabling early detection of pregnancy complications, increased maternal health awareness, and improved prenatal care for women who would otherwise be unable to afford essential diagnostic services.

### **Support for Women Facing Crisis Pregnancies**

Through counseling, medical guidance, and prenatal support, women and girls experiencing crisis pregnancies received counseling, prenatal information, and medical support, strengthening their ability to continue pregnancies with confidence and support.

### **Strengthening Psychosocial Support through Holistic and Intensive Counseling**

More than **800** individuals and groups received holistic counseling addressing trauma, anxiety, family conflict, and mental health challenges, contributing to improved psychosocial stability and restored personal dignity.

### **Empowering Women Through Educational Workshops and Seminars**

**285** educational workshops reached more than **7,000** women and community members, strengthening knowledge on self-awareness, healthy relationships, family communication, fertility awareness, and mental health while promoting informed and responsible life choices.

### **Enhancing Women's Economic Livelihood Resilience**

Women experiencing socio-economic hardship received guidance and skills that strengthened their economic resilience, confidence, and capacity to support their families and contribute to community stability.

### **Creating Community Awareness on the Dignity of Human Life**

Community outreach and education initiatives increased awareness of the dignity of human life while addressing social challenges such as abortion, violence against women, and gaps in reproductive health knowledge.

## The Project Team

### At the Center:

Ms. Esther Njeri Kibe MA, Shalom-SCCRR, Lead Project Officer

Sr. Sarah Ngigi, KRCHN, Dimesse Sisters, Nurse and Counselling Officer

Sr. Lucy Njori, B.Com, Dimesse Sisters, St. Josphat's House Projects Administrator

Sr. Jovalet Ariho MA, Missionary Sisters of the Holy Rosary, Sustainable Human Development & Social Worker

Sr. Elizabeth Mathu BA, Daughters of St. Anne, Community Development & Social Worker and Psycho-spiritual Counselling (student)

Sr. Julitah Timanoi Parmuat, Daughters of St. Anne, Dipl., Social Worker and Psycho-spiritual Counsellor

Ms. Sandra Atieno Ayimba MA, Women Empowerment Program Volunteer

Ms. Habiba Dika BA, (MA Candidate), Shalom-SCCRR In-Training Capacity Program

Ms. Julia Wangari BA (MA Candidate), Shalom-SCCRR In-Training Capacity Program

Ms. Rose Anyango Owuor, Higher Dipl. Sonography (UltraSound Specialist)

### Volunteer Consultants/Advisory Board:

Dr. Wahome Ngare, Obstetrician, Gynaecologist and Laparoscopic Surgeon

Mr. Steve Beuerle, LLP

Mr. Peter & Mrs. Cherese Marlow

Mr. Tim & Mrs. Patricia Von Dohlen

Rev. Prof. Emmanuel Tembo, Conflict Transformation and Peacebuilding

### Shalom-SCCRR Management Support Team:

Rev. Dr. Oliver Noonan, Shalom-SCCRR Executive Director

Mr. Godfrey Okoth MA, (PhD Candidate), Shalom-SCCRR Senior Projects Officer

Rev. Dr. Patrick Devine, Shalom-SCCRR Executive International Chairman, Project Coordinator of Patrons and Promoters

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Thank you again for your support.

Sincerely,

Rev. Dr. Patrick Devine, Executive International Chairman, Founder

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