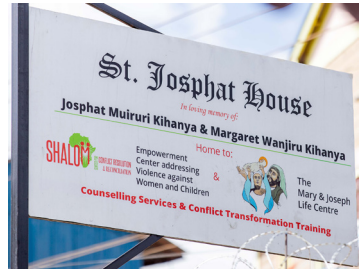


# Mary and Joseph Life Center (MJLC)



**56** Educational Workshops:  
Preventing Violence,  
Transforming Conflict &  
Promoting Sustainable  
Development.

**1873** Women and Girls in acute  
conflict situations living in Slums,  
supported with Holistic Livelihood  
Resilience Capacity

**676** pregnant girls and women  
benefited from Ultrasound  
(Sonogram) Services

**217** Services clients (individuals  
and groups) engaged in more  
holistic and intensive Counseling

- **56** Educational workshops/seminars implemented in the conflict environments in urban informal settlements and remote impoverished marginalized locations.
- **1,873** Expectant Women and Girls from the urban informal settlements (slums) empowered with supportive guidance: psychological, spiritual and economic livelihood resilience.
- **676** pregnant girls and women benefited from Ultrasound (Sonogram) Services
- Supporting and Empowering Women and Children from **10** urban informal settlements or slum areas – Kawangware, Kabiria, Satellite, Kangemi, Dagoretti, Waithaka, Kibera, Mathare and Kariobangi in Nairobi, Kenya
- **217** victims of acute violence and consequently suffering from depression, mental health issues, unstable family relationships, physical and psychological trauma, and substance abuse, engaged in holistic and intensive Counseling.

### The three main purposes of the Mary and Joseph Life Center

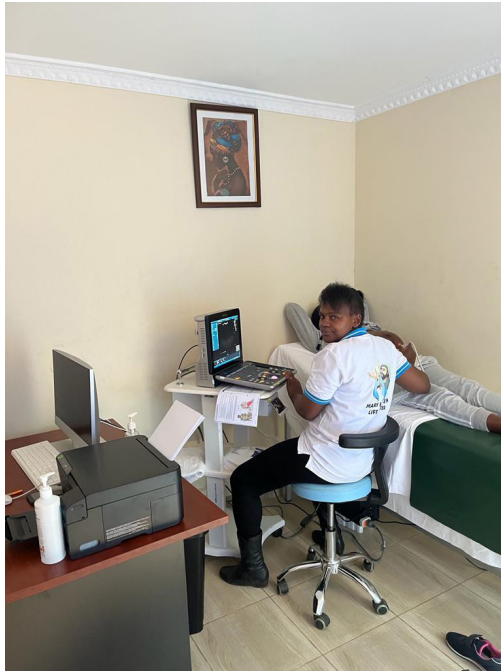
- OFFER** Pregnant women and girls, fathers responsible for the pregnancy, and families, who are considering and/or are being coerced to have abortions, other options to have their baby(ies) born.
- OFFER** Educational workshops/seminars that are oriented to help prevent crisis pregnancies and help those already in need with supportive guidance for psychological, spiritual and economic livelihood resilience.
- OFFER** Counseling, medical support, guidance, and empowerment to women who have had abortions and are seeking assistance for trauma, self-esteem and healing in one form or another.



Sr. Catherine Mutua, Dipl., engaging young women benefiting from the support of the Mary and Joseph Life Center (MJLC) during a community outreach activity in Ruthimitu-Waithaka, urban informal settlements (slums), Nairobi, Kenya.



Sr. Sarah Ngigi KRCHN, MJLC's Nursing and Counseling Officer, with a two months young baby, one of the many success stories of the Center. Her mother was having a crisis pregnancy and was considering to have an abortion (one of hundreds) but through the support from the MJLC team she delivered her baby.



Ms. Rose Anyango, MJLC's Sonographer, conducting an ultrasound session.



Sr. Jovalet Ariho BA (MA Candidate), Shalom-SCRR in Training Capacity Program, MJLC's Community Development and Social Worker, in an interactive discussion with young mothers on the importance of good communication in marriage and parenting in their families.



Fr. Patrick Devine PhD and The MJLC team, engaging key influential women leaders from Riruta informal settlement. The workshop was centered on the role of these women in creating awareness on the dignity of life within the informal settlements and slums areas in Nairobi, Kenya.



Sr. Catherine Mutua, Dipl. Community Development and Social Worker engaging young mothers from Kabiria urban informal settlements (slums) on the value of self awareness in motherhood.



Sr. Sarah Ngigi KRCHN, MJLC’s Nursing and Counseling Officer, with a group a expectant mothers after they had received ultrasound services at the center. The mothers are also taken through educational sessions on dignity of human life and responsible motherhood among other educational workshops offered at MJLC.



Mrs. Nancy Mirera MA, MJLC’s Counseling Psychologist and Mental Health Expert facilitating an educational workshop on the importance of seeking psycho-social support to a group of youths from the urban informal settlements (slums).



Sr. Jovalet Ariho BA (MA Candidate), Shalom-SCCRR in-Training Capacity Program and Sr. Catherine Mutua, Dipl. Community Development & Social Worker engaging women during an outreach activity in Mtego slum area where we work.



Shalom-SCCRR team, Fr. Patrick Devine PhD, Fr. Oliver Noonan MA & Ms. Esther Kibe MA, Lead Project Officer, MJLC, with Fr. Antonio Porcellato, Superior General, The Society of African Misions (SMA), Fr. Francis Rozario SMA, General Councillor, Fr. Robin Kamemba SMA, Superior Kenyan District during a recent courtesy visit to Shalom-SCCRR offices, Nairobi, Kenya.



MJLC Team: Mrs. Judith Akedi MA, Sr. Catherine Mutua, Dipl., Sr. Jovalet Ariho BA (MA Candidate), and Ms Ilhan Ali BA (MA Candidate), engaging a group of women from Mathare Slums in a discussion on some of the vulnerabilities that women face in the urban informal settlements (slums) such as domestic violence, sexual violence, intimate partners rape etc. The center empowers these women with capacity to deal with crisis pregnancies, psycho-social support and economic livelihood resilience.





Sr. Sarah Ngigi KRCHN, MJLC's Nursing and Counseling Officer, and Sr. Catherine Mutua, Dipl. Community Development and Social Worker engaging young mothers from Kabiria urban informal settlements (slums), Nairobi, Kenya, on the dignity of life.



Sr. Lucy Njori B.Com, St. Josphat's House Project's Administrator, and Sr. Sarah Ngigi KRCHN, MJLC's Nurse and Counselling Officer, with young adults from Kangemi urban informal settlements (slums) after a successful educational workshop on reproductive health and self-care.

## The Project Team

### **At the Center:**

Ms. Esther Njeri Kibe MA, Shalom-SCCRR, Lead Project Officer

Sr. Sarah Ngigi KRCHN, Dimesse Sisters, Nurse and Counselling Officer

Mrs. Nancy Mirera, MA, Counselling Psychologist and Mental Health Worker

Sr. Lucy Njori B.Com, Dimesse Sisters, St. Josphat's House Projects Administrator

Mrs. Judith Akedi Otsieno MA, Shalom-SCCRR, Lead Project Officer

Sr. Catherine Mutua, Daughters of St. Anne, Dipl. Community Development & Social Worker

Sr. Jovalet Ariho BA (MA Candidate), Missionary Sisters of the Holy Rosary, Sustainable Human Development & Social Worker

Ms. Ilhan Ali Salah, BA (MA Candidate), Shalom-SCCRR In-Training Capacity Program

Ms. Rose Anyango Owuor, Higher Dipl. Sonography (UltraSound Specialist)

### **Volunteer Consultants/Advisory Board:**

Dr. Wahome Ngare, Obstetrician, Gynaecologist and Laparoscopic Surgeon

Mr. Steve Beuerle, LLP

Mr. Peter & Mrs. Cherese Marlow

Mr. Tim & Mrs. Patricia Von Dohlen

Rev. Dr. Emmanuel Tembo, Conflict Transformation and Peacebuilding

### **Shalom-SCCRR Management Support Team:**

Rev. Oliver Noonan MA (PhD Candidate), Shalom-SCCRR Executive Director

Mr. Godfrey Okoth MA (PhD Candidate), Shalom-SCCRR Senior Project Officer

Rev. Dr. Patrick Devine, Shalom-SCCRR International Executive Chairman,  
Project Coordinator of Patrons and Promoters