Mary and Joseph Life Center (MJLC)







2022 Shalom-SCCRR - Mary and Joseph Life Center (MJLC) Achievements

- 58 Educational Workshops/ seminars implemented, empowering 1,628 women in informal urban settlements/slums with supportive guidance: psychological, spiritual and economic livelihood resilience.
- 234 pregnant girls and women benefited from Ultrasound (Sonogram) Services (since Sept, 2022).
- 55+ clients (individuals and groups) engaged in more holistic and intensive Counselling.
- Supporting and Empowering Women and Children from 9 urban informal settlements or slum areas Kawangware, Kabiria, Satelite, Kangemi, Dagoretti, Waithaka, Kibera, Mathare and Kariobangi in Nairobi, Kenya (Approximate population is around 2 million people).

https://maryandjosephlifecenter.org/

https://maryandjosephlifecenter.org/mary-and-joseph-life-center-mjlc-concept-document/

Our Youtube Videos

https://youtu.be/mBsYagVVQZQ

https://youtu.be/R4T1X-7yeio

Our Vision: A society where the dignity of human life, women and children, including the unborn, are free from violence and unjust social structures.

Our Mission: To promote the human rights and dignity of women and children, addressing all acts of violence against them from conception to natural death



Rev. Dr. Patrick Devine, Shalom-SCCRR International Chairman presenting the Ultrasound machine. Present during the handover were Dr. Wahome Ngare, Obstetrician Gynecologist and Laparoscopic Surgeon; MJLC team (Judith Akedi Otsieno MA, & Esther Njeri Kibe MA, Shalom-SCCRR; Sr. Lucy Njori B.Com, & Sr. Sarah Ngigi KRCHN [Nurse] Dimesse Sisters; Nancy Mirera, MA Counseling Psychology); Rev. Eugene Kubasu, MA, and women leaders from Riruta and environs.



The Mary and Joseph Life Center (MJLC) Team engaging with youths living in the informal urban settlements on the importance of seeking psycho-social support.

Project Team: Mrs. Judith Akedi Otsieno MA, & Ms. Esther Njeri Kibe MA, Shalom-SCCRR; Sr. Lucy Njori B.Com, & Sr. Sarah Ngigi KRCHN (Nurse) Dimesse Sisters; Mrs. Nancy Mirera, MA Counselling Psychology; and Sr. Catherine Mutua Dipl. Com Dev, Daughters of St. Anne.



Rose Anyango Owour, Mary and Joseph Life Center (MJLC) Sonographer and Sr. Sarah Ngigi KRCHN, Nurse and Counseling Officer in a session with a client.



Nancy Mirera MA, Counselling Psychologist and Mental Health Worker conducting an individual counselling session.



Sr. Catherine Mutua Dipl. MJLC's Community Development & Social Worker engaging women from Kabiria Urban informal settlements (Slums) on the sanctity of life and family life.



Ciaran King engaging with young mothers and children from Kabiria Informal Settlement at the Mary and Joseph Life Center (MJLC).



Mrs. Nancy Mirera MA, MJLC's counselling Psychologist and Mental Health Worker facilitating an educational workshop on the importance of seeking psycho-social support to a group of youths from the Urban informal Settlements (Slums).



Rev. Dr. Patrick Devine, Shalom-SCCRR International Chairman, Sr. Lucy Njori B.Com, St. Josphat's House Projects Administrator and Sr. Sarah Ngigi KRCHN, MJLC's Nurse and Counselling Officer with youths from Kabiria Informal Urban Settlements where we work.

The Project Team

At the Center:

Mrs. Judith Akedi Otsieno MA, Shalom-SCCRR, Lead Project Officer

Sr. Sarah Ngigi KRCHN, Dimesse Sisters, Nurse and Counselling Officer

Mrs. Nancy Mirera, MA, Counselling Psychologist and Mental Health Worker

Sr. Lucy Njori B.Com, Dimesse Sisters, St. Josphat's House Projects Administrator

Ms. Esther Njeri Kibe MA, Shalom-SCCRR, Project Officer

Sr. Catherine Mutua, Daughters of St. Anne, Dipl. Community Development & Social Worker

Ms. Ilhan Ali Salah, BA (MA Candidate), Shalom-SCCRR In-Training Capacity Program

Sr. Jovalet Ariho BA (MA Candidate), Missionary Sisters of the Holy Rosary, Shalom-SCCRR In-Training Capacity Program

Ms. Rose Anyango Owuor, Higher Dipl. Sonography (UltraSound Specialist)

Volunteer Consultants:

Dr. Wahome Ngare, Obstetrician, Gynaecologist and Laparoscopic Surgeon

Rev. Dr. Emmanuel Tembo, Conflict Transformation and Peacebuilding

Shalom-SCCRR Management Support Team:

Rev. Oliver Noonan MA (PhD Candidate), Shalom-SCCRR Executive Director Mr. Godfrey Okoth MA (PhD Candidate), Shalom-SCCRR Senior Project Officer

Rev. Dr. Patrick Devine, Shalom-SCCRR International Executive Chairman,
Project Coordinator of Patrons and Promoters

Relevant Links

https://shalomconflictcenter.org/shalom-empowerment-center-sec/

https://shalomconflictcenter.org/shalom-empowerment-center opens-in-nairobi-kenya/

https://www.indcatholicnews.com/news/45158

 $\frac{https://shalomconflictcenter.org/shalom-empowerment-center-sec-addressing-violence-against-women-and-children-a-unique-shalom-sccrr-initiative-opened/ \\$

https://shalomconflictcenter.org/shalom-sccrr-launches-the-shalom-empowerment-center-sec-addressing-violence-against-women-and-children/

https://shalomconflictcenter.org/shalom-sccrrs-contribution-to-women-in-conflict-transformation-and-peacebuilding/

https://shalomconflictcenter.org/the-girl-child-shalom-sccrr-impacting-the-lives-of-young-girls-in-marginalized-and-remote-locations-in-eastern-africa/

https://shalomconflictcenter.org/2009-2021-shalom-sccrr-results-and-achievements/

https://shalomconflictcenter.org/2021-shalom-sccrr-results-achievements/

https://www.ucanews.com/news/promoting-peace-development-and-empowerment-in-africa/98244

https://photos.app.goo.gl/WcTRVVzT2tanxzQv8

Our Youtube Videos

https://youtu.be/mBsYagVVQZQ

https://youtu.be/R4TIX-7yeio